

# CARNET ADULTO

Recommended adult immunization schedule, by vaccine and age group

Vaccine ▾	Age group (yrs) ▶	19–49 years	50–64 years	≥65 years
Tetanus, diphtheria, pertussis (Td/Tdap) <sup>1*</sup>		1-dose Td booster every 10 yrs		
		Substitute 1 dose of Tdap for Td		
Human papillomavirus (HPV) <sup>2*</sup>		3 doses (females)		
Measles, mumps, rubella (MMR) <sup>3*</sup>		1 or 2 doses	1 dose	
Varicella <sup>4*</sup>		2 doses (0, 4–8 wks)	2 doses (0, 4–8 wks)	
Influenza <sup>5*</sup>		1 dose annually	1 dose annually	
Pneumococcal (polysaccharide) <sup>6,7</sup>		1–2 doses		1 dose
Hepatitis A <sup>8*</sup>		2 doses (0, 6–12 mos, or 0, 6–18 mos)		
Hepatitis B <sup>9*</sup>		3 doses (0, 1–2, 4–6 mos)		
Meningococcal <sup>10</sup>		1 or more doses		